

SUNDAY MENU

STARTERS

Soup of the day (v) (gf*) 6.50

Pate with chutney and brown toast (v) (gf*) 7.50

Blue Cheese Pate with chutney and brown toast (v) (gf*) 7.50

Prawn Cocktail served with brown bread (gf*) 7.50

Deep Fried Whitebait served with garlic mayonnaise 7.00

Wild Mushrooms with spinach and bacon on toasted garlic sourdough (v*) (gf*) (vg*) 7.00

MAINS

Local Roast Topside of Beef with a Yorkshire Pudding, roast potatoes, vegetables & gravy (gf*) 13.50

Local Roast Pork served with a Yorkshire Pudding, roast potatoes, vegetables & gravy (gf*) 13.50

Local Roast Lamb served with a Yorkshire Pudding, roast potatoes, vegetables & gravy (gf*) 14.50

Homemade Nut Roast with a Yorkshire Pudding, roast potatoes, vegetables & gravy (v) 13.00

We also offer a smaller roast for children or those with a lesser appetite 10.50 (lamb 11.50)

Beer Battered Haddock with chips, garden or mushy peas and tartare sauce (gf*) 14.00

Wholetail Breaded Scampi served with chips, garden or mushy peas and tartare sauce 13.00

Panko Prawns served with chips, salad and sweet chilli dip 14.00

Local Sausages, Mash and Onion Gravy served with seasonal vegetables 13.00

Local Ham with two eggs, chips and peas 12.50

Breaded Chicken Burger served with chips and coleslaw 13.00

Beef Chilli Nachos with soured cream, guacamole and salsa, topped with melted cheese 13.00

Plant Based Burger served with chips (vegan) 12.50

add vegan cheese (1.00) or cheese (1.00)

Mixed Vegetable Curry with naan bread, poppadum and mango chutney (vegan) 12.50

Vegan Fish and Chips served with garden peas or mushy peas and chips 13.00

Banana blossom deep-fried in vegan batter

SIDES

Dressed Salad 3.00

Seasonal Vegetables 3.00

Garlic Bread 3.50

Garlic Bread with Cheese 4.00

Roast Potatoes 4.00

Onion Rings 4.00

Chips 4.00

Cheesy Chips 5.00

If you have any food or drink allergies or intolerances, please speak to a member of our team before placing your order. Every effort is made to minimise the risk of cross-contamination of ingredients, but this cannot be guaranteed. All fish dishes may contain bones.

(gf) Gluten Free

(gf*) Gluten Free with changes

(vegan) Suitable for vegans

(vegan*) Suitable for vegans with changes

(v)

Suitable for vegetarians

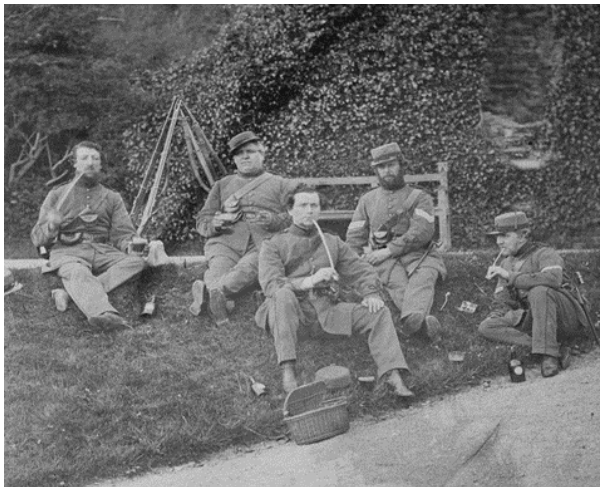
(v*)

Suitable for vegetarians with changes

WHY “THE RIFLE VOLUNTEER”?

There are many public houses of long standing with names which speak of history, echoes of events or circumstances of many years ago. The “Rifle Volunteer” at St Ann’s Chapel, reminds us of a different time, when Victoria ruled the Empire, but fears of an invasion brought about a call to arms.

The Napoleonic Wars and the Crimean War (1853 – 1856) revealed serious flaws in the structure of Britain’s armed forces. Fears of invasion by the French were rife, and there was a growing awareness of the need for an effective fighting force in place throughout the land. The nation’s resources were limited, after a lengthy period of conflict, and so the idea of forming a volunteer force, fully trained and armed, led to the formation of groups of “Rifle Volunteers.” The volunteers, from all walks of life, were issued with Enfield Rifles (which they had to pay for themselves) and they drilled and



practised, ready to respond to the call to arms in the event of an invasion.

Patriotic men in Calstock Parish responded to the call and formed a fighting unit. When the threat of invasion faded, it was

eventually

merged into the Duke of Cornwall’s Light infantry, later to be heavily involved, with heavy losses, in the dreadful war of 1914-1918. They came from different walks of life, most with no experience of weaponry whatsoever. They needed to be trained as soldiers and as rifle men, so practice ranges were built. Here volunteers learned to use the deadly weapons they were issued with. One such shooting range can be seen on this extract from a 19th century map.



It is clearly marked “*Volunteer Rifle Range*” at the top of Whiterocks, opposite Hingston Down Consols and just above the old Calstock Brick Works, of which now little can be seen. Here the local Rifle Volunteers, from whatever their background, of whatever age, prepared themselves to defend their homeland, in the event of an invasion. In the bottom right-hand corner of the same map is marked “*P H*” for “*Public House*”. Here, I imagine - and it would seem reasonable to make the assumption - the Rifle Volunteers gathered, after their exertions, to take a little liquid refreshment.

Almost a century and half later, that hostelry still stands, the “Rifle Volunteer” Inn, an echo of history, a reminder of those local men who stood ready to defend their country. In these more peaceful times few remember those brave souls who gave the inn its name.

With thanks to Dorothy Kirk for compiling this information